

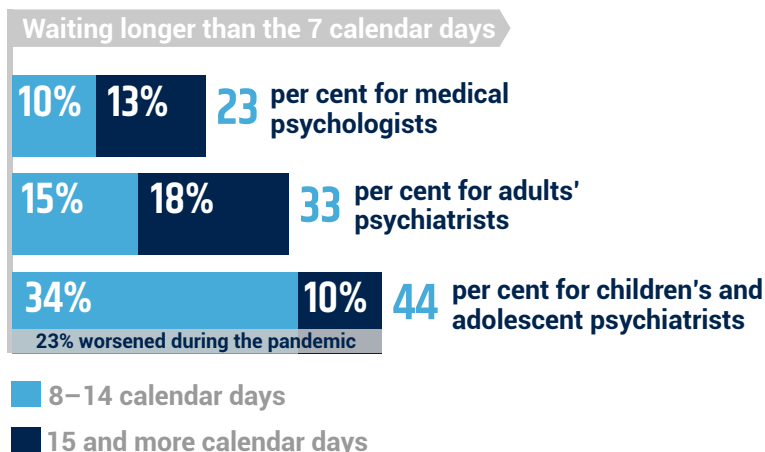
MITIGATING THE CONSEQUENCES OF COVID-19 ON MENTAL HEALTH

2 -fold increase in general level of stress in society

49% of the population experienced a deterioration in their emotional state during the second wave of COVID-19

2 -fold increase in suicide topic when calling the "Children's Line"

ACCESS TO MENTAL HEALTH SERVICES WAS NOT SUFFICIENT DURING THE COVID-19 PANDEMIC



POPULATION ARE NOT AWARE OF FREE PSYCHOLOGICAL SUPPORT



IMPLEMENTATION OF RECOMMENDATIONS FROM PREVIOUS AUDITS BY THE NATIONAL AUDIT OFFICE WOULD REDUCE THE PROBLEMS



improving access to services



managing waiting queues



meeting the need for specialists

PLANNING AND IMPLEMENTATION OF MITIGATION MEASURES FOR THE CONSEQUENCES OF THE COVID-19 PANDEMIC ON MENTAL HEALTH HAS ROOM FOR IMPROVEMENT

To mitigate the consequences of Covid-19 on mental health

EUR 3.3 MILLION
were used in 2020

32
measures

3 measures to increase the number of psychologists in mental health centres, to increase the availability of psychosocial rehabilitation services and to expand access to psychological support for personal health care professionals **were delayed**

2020–2021

2021–2022

THERE IS STILL A LACK OF:

- ✗ increased scope of measures for children and young people
- ✗ more precise planning of allocated funds
- ✗ orientation of indicators towards measuring the results of specific measures